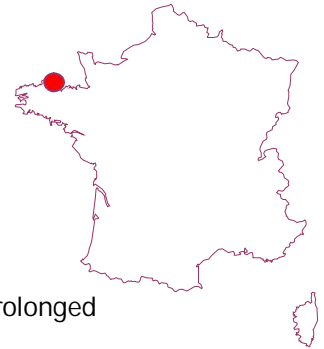


### Season

From Mars to mid-November

We recommend you to book this tour 3 or 4 months before the departure date if you plan to walk it in summer time. Great demand and few rooms!



### Difficulty: grade 2

This tour presents no major difficulty. You walk along the coastal path and there are no prolonged ascents and descents and no steep gradients. One day-walk is 26 km long but is flat.

### Itinerary

*8-day and 7-night self-guided walking holidays*

Day 1 : Arrival at SAINT BRIEUC. The city is located three kilometres from the sea, isolated on a plateau by the Gouët and Gouëdic rivers, crossing over by imposing viaducts. Tertre Aubé offers splendid views of the valleys and is the point of destination of a pleasant walk through Saint Brieuc and its old neighbourhoods.

Half-board accommodation in a two-star hotel

Day 2 : SAINT BRIEUC – BINIC (19 km). Before leaving the city of Saint Brieuc, take time in the morning light to admire the old wooden houses and the cathedral of the city. Follow the Vallée du Gouët, and the Port du Légué, pass under the viaduct to attain the sea. Let the coast lead you by its beaches and capes, such as la Pointe du Roselier and the expansive beaches of Les Rosaires. You will then begin your descent to Binic. In the 19th century this town was one of the principle fishing ports of cod in all of Terre-Neuve. Each year in April, more than 1500 fishermen would meet in Binic for fishing expeditions that would last up to six months ! The town is now a seaside resort with a charming yachting harbor. Half-board accommodation in a hotel with all conveniences in the room

Day 3 : BINIC – PLOUHA (24 km). In this stage, you'll enjoy the jagged and rocky coastal line between Binic and Plouha, the sandy beaches of Binic and St Quay-Portrieux which is proud to have the only deep-water port along the entire northern coast of Brittany and is the more productive port in the fishing of scallops, a specialty of the St Brieuc bay. Past St Quay, you continue walking the coastal path via Trevenac hamlet and the Bec du Vin headland to the La Palus beach. From here, you leave the seaside and walk through a green valley to the Plouha city.

Lodging and breakfast in a house (chambre d'hôtes) located in the centre of the village.

Day 4 : PLOUEZEC - PLOUHA (24 km). Transfer by taxi from Plouha to Plouezec - You will make your way back to Plouha by along the coastal path, following it along the cliffs and capes overlooking the sea like Plouezec and Minard Headlands. You will cross through small beaches at the mouths of several streams that empty into the ocean. The most famous of these is the Bonaparte beach, which you will access by a tunnel. It was from this point, with the help of Breton Resistance fighters, that English and American pilots who had been shot down during the war fled to the safety of the English shore. You will reach Port Morguer where you leave the shore to go to Plouha.

Lodging and breakfast in the same chambre d'hôtes

Day 5 : PLOUEZEC – PAIMPOL (17 km). Transfer by taxi from Plouha to Port Lazo - You'll continue walking along the shore where lie numerous oyster beds. Just beyond the Pointe de Kéranzie, and tucked quietly away at the bottom of a cove, you will come upon the ruins of the Beauport abbey. Dating back more than 800 years, the abbey was once a well known refuge on the coastal path of Saint James of Compostello and an important cultural and commercial center. Once past the pointe de Guilben, you will arrive at Paimpol, the departure point for cod fishing expeditions to the coasts of Iceland, a land of legends and myths where the memory of lost seamen still floats amid the pontoons - Half-board accommodation in a two-star hotel

Day 6 : ILES DE BREHAT (approximately 12 km). Today, you will set sail for a little piece of Paradise : Brehat Islands. You'll take a bus to go to the Pointe de l'Arcoest (headland). From here, you take a quick 10-minute boat ride out to the island where you will discover a marvelous world of surprising variety. On the south end of the island, elegance and idealism mingle in the marriage of small cozy villas and charming slate-roofed homes of fishermen. While strolling the island, you'll be struck in finding this same mixture of styles in the gardens, where hydrangea grow next to rose-laurels, aloes and palm trees, thanks to the mild micro-climate. Stop at La Croix de Mauder and the Saint Michel chapel and enjoy the panorama that spreads before you of the surrounding islands and stone heaps. The northern part of the island is wild and desert-like, windblown, with a jagged and rocky coastline. Rock mounds spot

the area. The Paon lighthouse stands tall on this coast, an image of strength and endurance. After a full day in the wild sea air, you will come back by sea to the pointe de l'Arcouest and by bus to Paimpol.  
Half-board accommodation in the same hotel.

Day 7 : LOGUIVY DE LA MER – PAIMPOL (16 km). From Paimpol you will be escorted by taxi to Loguivy-de-la-Mer, a small, charming shell-fishing port. The coastline will lead you to Paimpol. From Loguivy to the Pointe de l'Arcouest, you will see from afar the Iles de Bréhat and the rocky waters that separate you from the island, making navigation disastrously dangerous. Beyond the cape, you will find a different aspect of the Baie of Paimpol awaits you : steep cliffs falling into the port of Porz Even, the wooded hill of Kerroc'h and the maritime marshes of Kerpallud. Just before getting to Porz Even, you will notice the Croix des Veuves, a cross mounted on the headlands where the sailors' wives scrutinized the horizon, waiting in anticipation of the schooners returning from Iceland. As the evening falls, you might enjoy a drink in Paimpol's Latin Quarter or Place de Martray,  
Half-board accommodation in the same hotel

Day 8 : PAIMPOL : The tour ends after breakfast.

## Access to and from

### Outward journey

By train : St Brieuc is easily reached with TGV trains from Paris-Montparnasse rail station.

By car : St Brieuc is on the N12 road (Paris-Brest)

Where to park : pay supervised underground car park in St Brieuc

### Inward journey

By train : To return, several trains run from Paimpol to Paris with a connection at Guingamp (TGV trains to Paris) or bus to St Brieuc train station where you catch TGV trains to Paris.



## Accommodation

5 overnight stops on a half-board basis in small family-run hotels with en-suite facilities.

2 overnight stops on B&B basis in chambres d'hotes

*Accommodation is normally in large bed or twin-bedded rooms, with en-suite facilities (at least shower, washbasin and toilet) when available, which is 95% of the time. However, you can stay in remote spots or small villages where there is little or no choice of accommodations and where facilities may be limited. In this case, you will share a bathroom or shower room and toilets with some other people on the same storey.*

*Picnic lunches are not included in the tour but are available from the hotel on request the previous evening, alternatively picnic materials can be bought at the stop village or at each of the towns and villages along the route. We indicate in the route notes where there are suitable restaurants or cafés for lunch stops. We recommend you to carry food and drinks if there are none convenient to the trail.*

## Included

- o Twin share accommodation with private facilities
- o Baggage transfer between hotels (except for STD option)
- o Route notes and maps
- o 7 dinners
- o transfer by taxi from Chasseradès to La Bastide St Laurent (Day 7)
- o Emergency phone number (8:00am to 7:00pm every day)

## Not included

- o Visa fees, transportation fees to and from the walk area
- o Insurance (strongly recommended on all trips)
- o Transfers except those mentioned above
- o Drinks
- o Additional meals
- o Spending of personal nature e.g. laundry, souvenirs, phone calls...

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